Verifying Your Type Preferences

Worksheet

Ε	Extraversion		Introversion I			-1
	Energized by outer world			Energi	ized by inner world	
S	Sensing		Intuition			N
	Work with known facts	MAI		L	ook for possibilities and relationships	
Т	Thinking	Feeling I			F	
	Base decisions on impersonal analysis and logic			U	Base decisions on personal values	
J	Judging				Perceiving	P
	Prefer a planned, decided, orderly way of life		Prefer a flexible, spontaneous way of life			
	VERY CLEAR CLEAR MODERATE SLIGHT		SLIGHT MODERATE CLEAR VERY CLEAR			
		E or I	S or N	T or F	J or P	
	(1) Self-Assessment Type:					
	(2) Work-Situations Type:					
	(3) Indicator Type:					
	(4) Best-Fit Type:					



MBTI® Vocabulary

E Extraversion Introversion Energized by outer world Energized by inner world Focus on people, things Focus on thoughts, concepts Active Reflective Depth of interest Breadth of interest Live it, then understand it Understand it before live it Interaction Concentration Inwardly directed Outgoing Sensing Intuition N Facts Meanings Data Associations Possibilities Detail Hunches, speculations Reality-based Actuality Theoretical Here and now **Future** Utility **Fantasy** T Thinking Feeling Analysis Sympathy Subjective Objective Logic Humane **Impersonal** Personal Critique **Appreciate** Reason Values Criteria Circumstances ORIENTATION TO OUTER LIFE: ATTITUDE TOWARD THE EXTERNAL WORLD Judging Perceiving Organized Pending Settled Flexible Planned **Spontaneous** Decisive Tentative Control one's life Let life happen Set goals Undaunted by surprise **Systematic** Open to change

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